 瑪麗醫院 QUEEN MARY HOSPITAL	Department of Obstetrics and Gynaecology	Document No.	OGRM243
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	Subject Information on oocyte freezing for non-medical reasons	Next review date	April 2026
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因非醫學原因凍存卵子參考資料

香港大學瑪麗醫院輔助生育中心現時為希望在年輕時凍存自己卵子之女性(年齡小於 45 歲)提供凍存卵子服務，以保持現在的生育能力並在以後懷孕。在這份參考資料裡，我們會向你解釋，在決定於非醫學原因凍存卵子之前，你需要考慮的各個事項。

我需要凍存我的卵子嗎？

當你出生時，卵子的數量最多。隨著年齡的增長，卵子的數量越來越少，質量也會下降。但現在是否需要凍存卵子是你個人的決定，因為許多人以後可能不會使用凍存卵子。

我的卵子可以在化驗室凍存多久？

根據生殖科技及胚胎研究實務手則，你的卵子可以凍存最多 10 年，你也可以指明凍存小於以上年期。最重要的是，切記你必須每隔兩年以書面形式續期凍存。如果你沒有書面續期，你的凍存卵子將會被棄置。此外，如果你的聯絡地址或電話號碼有改動，也請務必以書面形式通知本中心。

我可以隨時終止凍存卵子嗎？

可以。如果你不想繼續凍存你的卵子，請通知本中心。

凍存卵子要經過什麼步驟？

凍存卵子包括用荷爾蒙進行刺激卵巢平均十一天。在卵巢刺激期間，你將需要回來三至四次，接受陰道超聲檢查卵泡發展。取卵將會在醫院裡注射鎮靜劑後進行，然後將抽取到的卵子凍存。

我將來想生育的時候是不是也要醫生協助？

你必須已合法結婚，才能接受輔助生育治療。當你已結婚並準備好使用你的卵子時，它們將被解凍並用你丈夫的精子授精。胚胎形成後，它將會被移植到你的子宮腔內，希望能夠成功懷孕。成功率取決於許多因素，如卵子冷凍時的年齡，胚胎質素，技術進步等。

如果我想凍存卵子，該如何安排？


你可致電 22554262 或發送電郵至 hkuivf@hku.hk 聯絡香港大學婦產科學系私家門診，預約輔助生育專科醫生向你解釋有關凍存卵子的事宜。

我需要支付多少費用？

私家病人需要付門診、刺激卵巢的藥物和取卵的費用，大概一共 HKD70,000-80,000。

冷凍費：每管 \$1,000; 每管最多可放三個卵子。

儲存費：每兩年\$24,000 元（如終止儲存少於兩年，恕不退款）。

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更多相關信息

網站

<https://hkuivf.hku.hk/services/fertility-preservation/>

YouTube

女性生育力保存（廣東話）

<https://www.youtube.com/watch?v=Gaoy07YetZI&list=PLp60AnTUVei8uyfd3qv9926qMKhbUDOpV&index=2>

女性生育力保存（普通話）


<https://www.youtube.com/watch?v=CnBc8qJECYM&list=PLp60AnTUVei-P7nKz1ueOTWQd8xldapD2>

生育力保存（廣東話）



生育力保存（普通話）



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Information on Egg Freezing for Non-medical Reasons

We are offering the service of freezing eggs to women aged less than 45 years who wish to freeze their own eggs at younger age in order to preserve fertility now and get pregnant later. This information sheet explains what you need to know before considering freezing your eggs for non-medical reasons.

Do I need to freeze my eggs?

You are born with all the eggs you have for life. The number of eggs is getting less and their quality is reduced when you become older. But it is your personal decision whether it is necessary to freeze your eggs now as many may not use the frozen eggs later.

How long can I freeze my eggs in the laboratory?

According to the Code of Practice on Reproductive Technology & Embryo Research, you can freeze the eggs up to 10 years only and can specify a maximum period shorter than 10 years. It is important to remember that you need to renew the contract in writing every two years. Your eggs will be discarded if you fail to renew the contract. Our Centre should be informed in writing if you have changed your address or telephone number or you do not want to continue with the storage of the eggs.

What do I need to do to freeze eggs?

Egg freezing involves ovarian stimulation with hormone injections for an average of 11 days. You will need to come back 3-4 times for pelvic scans through the vagina during the ovarian stimulation to track the progress. You will be admitted to the hospital for egg collection through the vagina under sedation. The eggs obtained will then be frozen (egg freezing).

Do I need further help when planning pregnancy?

It is important to remember you must be legally married before you can use the frozen eggs for treatment. When you are married and ready to use your eggs, they will be thawed and fertilized with sperm of your husband. Once an embryo has developed, it is then transferred into your womb hopefully resulting in a successful pregnancy. Success rate varies depending on variable factors such as age at egg freezing, embryo quality, technology advancement etc.

How do I arrange if I would like to proceed with egg freezing?


You can call K5N private clinic at 2255-4262 or send us an email at hkuivf@hku.hk to make an appointment to see us to discuss the egg freezing.

How much do I need to pay for such service?

As a private patient, you will need to pay for the consultation, drugs for ovarian stimulation and egg collection retrieval, which total costs around \$70,000-80,000.

Freezing fee: \$1,000 for one straw; one straw contains up to 3 eggs

Storage fee: \$24,000 for every two year (no refund if you terminate. the storage shorter than 2 years).

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More relevant information

Website

<https://hkuivf.hku.hk/en/services/fertility-preservation/>

YouTube

Female fertility preservation

https://www.youtube.com/watch?v=atHbsAH5Zmg&list=PLp60AnTUVei-7gCT6NVpiVIP_SYcJmUPf&index=2

